The most complete Mineral supplements on Earth.

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The future of mineral nutrition is here!
Everything begins with minerals.

Amino Key™ Minerals

Life Zone® supplements have received the Gold Medallion Award for Excellence from world-renown Albion Labs, Inc. and founder Dr. Harvey Ashmead, co-formulator with Dr. Janeel Henderson

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Dr. Janeel Ashmead Henderson, daughter of Dr. Harvey and Dr. Allez Ashmead, is the owner and formulator of Life Zone® products. Janeel holds a B.S. degree from Brigham Young University, M.S. degree and Ph.D. degree in nutrition from Clayton College of Natural Health, and is a licensed Master Esthetician, licensed lymphatic massage therapist, dark field microscopist, and a nutritional formulator. She has received 3 U.S.A. patents and one patent-pending for her original research work and discoveries in nutrition. Janeel is an author and popular speaker having spoken at various universities and appeared on radio and television programs.

Amino Key™ Definition and References

1 Amino acid chelation is the specific process that bonds amino acids to minerals, enabling them to match the body’s natural chelation process.

The amino acid chelation process by Albion Labs® is recognized by AAFCO, as the only producer of true amino acid chelates. AAFCO is an organization which includes 50 US state chemists, food agencies and ministries of agriculture in the USA, Canada and Costa Rica, as well as the FDA.

1 - refer to Amino Acid Chelation in Human and Animal Nutrition, Dr. DeWayne Ashmead, Conversations on Chelation and Mineral Nutrition,
2 - Dr. Harvey Ashmead: Founder of Albion Laboratories, World Authority on Amino Acid Chelation
3 - University of California at Berkley
4 - The Calcium Lie II, Robert Thompson, M.D.
Did you know you are under nourished? 
We are living in a man-made nutritional drought caused by depleted soil, over processed food, chemicals, and other issues. In fact, we have food that is almost void of mineral nutrition. For example, assays have shown there is only .0019% ppm of iron in spinach. Eating 400 cups of spinach would not be enough to supply your daily 18mg.2

Did you know that most supplements and food use inorganic minerals?
This form usually ends up in the toilet or stored in joints, organs, arteries and the brain. The stored, unusable minerals cause health problems.4

Inorganic mineral sources
- Chalk/Egg Shells/Sea Shells, Rocks (Inorganic calcium carbonate)
- Milk of Magnesia (Inorganic Magnesium)
- Rust (Inorganic iron oxide)
- Copper (Inorganic Copper)
- Borax (Inorganic boron)
- Gypsum Board or Sheetrock (Inorganic manganese)

Amino Key™ minerals are complete and don’t get blocked. They have the key for priority entrance!

Why is mineral nutrition so important?
Minerals are vital for our very existence. For example “a 150 lb. person is 6 lbs. of minerals and less than one ounce of vitamins”.3 Minerals are part of every biochemical reaction that takes place in our cells.4 If you aren’t replacing minerals, you are losing them. With insufficient minerals we become the walking dead.2

Amino Key Basic: All systems, or: entire body support. Take Amino Key formulas below with Amino Key Basic when appropriate for overall good health.

Amino Key I: Immune system, issues and support, maintains healthy yeast, and good bacteria balance.

Amino Key E: Endocrine system, weight, mild depression, fertility, fatique, stress, PMS, mild blood pressure, healthy thyroid.

Amino Key S: Skeletal system, mild twitching, achiness, mild nervousness, leg cramps due to soreness, healthy bones and nerves, stomach pH.

Amino Key M: Muscle system, heart and circulation, irritability, muscle strength, digestive tract issues.

Amino Key Cell Lite: Cellular system, low energy, maintain normal blood pressure, fluid retention, electrolyte balance, mild nervousness.

Amino Key Zinc: DNA system, body odor, hair loss due to aging, fertility, fatigue, decreased alertness, nail ridges.

Amino Key Chromium: Glycogen system, low energy, glucose balance, promotes heart health.

Amino Key F: Female reproductive system, menstrual cramping, PMS, promotes regular periods, menopause.

Amino Key Iron: Blood system, hair loss due to aging, red blood count, low energy, immune health.

LIFE ZONE® Amino Key™ Minerals are the solution!
Minerals that are biochemically transformed: Beyond organic, natural, safe-ready for cellular use

LIFE ZONE® has the Amino Key™ Futuristic Targeting Formulas!
Backed by 130 U.S. Patents, 70 human clinical studies, and over 57 years of research bringing you the first, customized, targeting, mineral, nutritional company.

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